



NFP Instructors Throughout the Diocese

OVULATION METHOD – DIOCESAN CLASSES

Akron: St. Sebastian
Timothy & Haley Jay 330-287-3162
(Billings Ovulation Method)
Brunswick: St. Ambrose
Mike & Kim Nemet 330-220-0720
Fairview Park: St. Angela Merici
Marty & Kathy Patton 440-212-0058
Lyndhurst: St. Clare
Christine Klun 440-684-1853
Euclid: Sts. Robert and William
Nick & Ann Marie Raddell 440-688-1207

SYMPTO-THERMAL METHOD - DIOCESAN CLASSES

Brecksville: St. Basil the Great
TJ & Colleen Manion 440-552-3187
Chesterland: St. Helen, Newbury
Tom & Libbey Drockton 440-525-1761
Cuyahoga Falls: Immaculate Heart of Mary
Frank & Jennifer Ricard 330-929-8361
Fairport Harbor: St. Anthony of Padua
Brian and Katie Andrasak 440-357-9017
Hudson: St. Mary
Jim & Shannon Mullner 330-861-9218
Madison: Immaculate Conception
Bill & Rachel Carter 440-563-5786
Solon: St. Rita
Ron & Barb Moner
216-702-3518

Stow: Holy Family
Leo & Toni Doty 330-689-0632
Steve & Julie Mosholder 513-479-0941
Strongsville: St. John Neumann
Joe & Suzanne Ferlin 440-877-1292
Thompson: St. Patrick
Dan & Margaret Sartor 440-474-8259
Willoughby: Immaculate Conception
Vincent & Dawn Gardiner 440-339-6371
Rachel Szekely, MD 440-488-1668
Wooster: St. Mary
Matt & Sarah Nussbaum 330-317-1579

COUPLE TO COUPLE LEAGUE

Akron: St. Francis DeSales
Ben & Kay Metzler 330-896-3350
Akron (no parish) Scott & Jessica Trahey
330-607-4216
Akron: St. Sebastian
Bob & Kelly Rybka 330-869-4064
Cleveland: Holy Rosary
Fred & Margaret Karboski 216-321-4596
Cleveland: The Cathedral of St. John the Evangelist
Kyle and Katie Taljan 216-318-4350
Dover: St. Joseph Family Life Center
Dr. Jack & Judy Burnham
330-607-4216
Fairview Park: St. Angela Merici
Tim & Mary Ellen Jakubisin 440-779-5793
Lakewood: St. Luke's Parish
Bill & Jessica Davidson 216-347-1041

North Royalton: St. Albert the Great
Greg & Susan Radzialowski 330-618-8593
Parma: St. Anthony
Rich & Jennifer Amiot 440-843-3981
Plain Twp: Little Flower (Youngstown Diocese)
Jason & Angela Miller
330-357-2302
Randolph Township: St. Joseph
(Youngstown Diocese)
David & Valerie Rodenbucher
330-808-1699
Solon: St. Rita
Brian & Kathleen Heskamp
330-888-9263
Massillon: St. Mary
John and Julia Roberts
330-791-3314

MEDICAL CONSULTANT - CREIGHTON MODEL

Margarita Lassaletta, M.D. - Wadsworth
Rittman Hospital 330-336-5046
James Matheson, D.O. Ob/Gyn
Vermillion, Ohio 440-967-5433

CREIGHTON MODEL FERTILITY CARE PRACTITIONER

Christy Shoen, Fertility Care Practitioner
440-823-9827 / ctshoen@hotmail.com
Allison Jung PA,FCP,NFPMC
985-705-1081 / AllisonJungPA@gmail.com

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NATURAL FAMILY PLANNING FACTS:

- A sound scientific method of achieving or postponing a pregnancy
- Requires no drugs, devices or operations
- Based on the biological reality that a woman is infertile during the major part of her reproductive life.
- With instruction, it is possible to identify days of fertility and infertility in a cycle and use the days appropriately to either achieve or postpone a pregnancy.
- Can be used by women with long, short, or irregular cycles, while breastfeeding and during premenopause.
- Extremely helpful to women who are experiencing infertility.
- Statistics from the U.S. Dept. of Health and Human Services and the WHO indicate the natural methods have a 98-99% effectiveness rate.

By working with a trained instructor you can readily learn to identify days of fertility and infertility and choose to achieve or postpone a pregnancy each month, without the harmful side effects of artificial birth control methods. **The effectiveness of NFP is 98-99% when the rules are learned and applied.** Natural Family Planning Classes are held throughout the Diocese in parishes and medical centers.

The Ovulation Method

Learn to recognize the cervical changes throughout the cycle.

The Sympto-Thermal Method

Learn to recognize the cervical changes throughout the cycle and the change that occurs at ovulation in your basal body temperature.

The Creighton Model of Napro-Technology

Learn to recognize the cervical changes throughout the cycle.



The Cleveland Diocese Natural Family Planning Teacher Training Institute has the Approval and Endorsement of the United States Conference Of Catholic Bishops.

For more information on becoming a Nationally Certified NFP Instructor Please contact

Kathy Patton, NFP Coordinator
216-334-2973 / kapatton@ccdoacle.org



2019

Natural Family Planning Directory of Programs and Services



Providing Help. Creating Hope.

www.ccdoacle.org/mfm