DIOCESE OF CLEVELAND CYO

BOYS VOLLEYBALL
COACHES MEETING

Catholic Charities
Diocese of Cleveland
DIOCESE OF CLEVELAND CYO
BOYS VOLLEYBALL COACHES MEETING

1. Welcome & Introductions

2. Program Planner

3. Points of Emphasis

4. Guest Player Rule

5. NFHS Rule Review

6. Sanctioned Events

7. Conferencing Procedure

8. Forms

9. Attendance Cards/Questions & Answers

10. Gratitude and Prayer

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CYO inspires young people to know God, to love God, and to serve God through athletics.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td><strong>February</strong> 28</td>
<td>Mandatory Coaches Meeting @ St. Augustine Manor, 6:30pm 7911 Detroit Ave. Cleveland, OH. 44102</td>
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<tr>
<td><strong>March</strong> 5</td>
<td>Mandatory Coaches Meeting @ St. Sebastian, 6:30pm 476 Mull Ave. Akron, OH. 44320</td>
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<tr>
<td>6</td>
<td>Early registration period ends; fees must be in CYO office to receive discount</td>
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<tr>
<td>8</td>
<td>Regular registration period ends</td>
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<tr>
<td>10</td>
<td>Late registration ends; Last day to enter teams’ blackouts.</td>
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<tr>
<td>11</td>
<td>Team confirmation forms and payments due</td>
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<tr>
<td>12</td>
<td>Mandatory Coaches Meeting @ Center for Pastoral Leadership, 6:30pm 28700 Euclid Ave. Wickliffe, OH. 44092</td>
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<tr>
<td>16</td>
<td>Coaches Development Program @ Holy Family Stow, 6:00pm 3179 Kent Rd. Stow, 44224</td>
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<tr>
<td>18-20</td>
<td>Site Director Meetings; Scorer/Tracker Trainings</td>
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<tr>
<td>22</td>
<td>Volleyball ERF final deadline  Deadline to register online volleyball athletes and coaches to rosters</td>
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<tr>
<td>23</td>
<td>Regular season competitions begin</td>
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<tr>
<td>27</td>
<td><strong>CYO Night @ Walsh Jesuit HS for Boys Varsity Volleyball game</strong></td>
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<tr>
<td>28</td>
<td><strong>CYO Night @ Villa Angela St. Joseph HS for Boys Varsity Volleyball game</strong></td>
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<tr>
<td><strong>April</strong> 5</td>
<td>Last day to add to Volleyball rosters to meet minimum number</td>
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<tr>
<td>18-21</td>
<td>No CYO competitions can be scheduled - Easter Break</td>
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<td>19</td>
<td>CYO offices closed - Good Friday</td>
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<tr>
<td>27-28</td>
<td>Parents’ Day at the matches</td>
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<tr>
<td><strong>May</strong> 5</td>
<td>Team Mass Sunday</td>
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<tr>
<td>11-26</td>
<td>Diocese of Cleveland CYO Spring Championships</td>
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<tr>
<td>30</td>
<td>Spring Season Ends</td>
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</tbody>
</table>

**CYO inspires young people to know God, to love God, and to serve God through athletics**
EQUIPMENT & UNIFORMS
Tennis shoes and knee pads must be worn by all players and game shoes must not be worn from the outside into the gym. Also, any kind of jewelry, face paint, or hair clips may not be worn during the match. Matches in the 8th and 7th grades will play with a regulation leather ball and matches in the 6th, 5th, 4th, and 3rd grades will use a Volley-lite ball.

PRE-CONTEST COACHES RESPONSIBILITIES
All coaches must be CYO certified and credentials are to be worn at all times. Credentials given to another coach at any time will result in a one year suspension for the providing coach. One competent adult should be provided by each team to serve as a line judge.

PARTICIPATION
A player on a CYO team may not participate on any other volleyball team during the CYO season. For participation requirements please refer to Section 5 of the Diocese of Cleveland CYO Volleyball Rules.

- In Grades 8 & 7, teams of 12 or less must have every player start the first or second set and teams of 13 or more must have players that starts the first set not start the second. Every player, not matter the size of the team, must play 3 consecutive positions and 2 rotations by the end of the second set. In 7th Grade, every player must serve by the end of the second set.
- In Grades 5 & 6 with teams of 12 or less must have every player play 1 full set by the end of the second set with each player serving at least once. Substitutions will be permitted in the second set once a player has met their participation requirements. Teams that have 13 or more players must substitute for number of players over 12 when either team reaches the 12th point in set #1.
- 4th and 3rd grade teams will use a continuous rotation with new players entering from the bench to the left front position.
SUBSTITUTIONS
8th Grade, 7th Grade, 6th Grade, and 5th Grade are allowed 18 substitutions per set while 4th Grade and 3rd Grade use a continuous rotation for all three sets of the match.

SERVICE
The serving area for each level will be provided on the court. 8th Grade and 7th Grade will have a serving area that extends beyond each end-line from sideline to sideline. The serving area for 6th Grade, 5th Grade, and 4th Grade will be 6 feet in the court from the end-line and extend the entire width of the court. 3rd Grade will have a serving area that is 10 feet in from the end-line and will extend the entire width of the court.

Once a server has scored 5 consecutive points in the 6th Grade Division, that team shall rotate to a new server to another five consecutive points or a side-out is called. Serving Limitations for the 5th Grade, 4th Grade, and 3rd Grade Divisions are that once a server has scored 5 consecutive points, the serve will be surrendered to the opposing team with no point issued. There are no serving limitations for 7th Grade and 8th Grade.

GUEST PLAYER RULE
If a volleyball team has less than 7 players at a match, a Guest Player may be moved from another team under the restrictions outlined in Bylaw 5-3-2 C. This Guest Player must meet the minimum participation requirements and is restricted in the following ways: (1) if the Guest Player is the sixth player on the roster, they must be positioned in the last serving position and (2) if the Guest Player is the seventh player on the roster, they cannot start the first set. All Guest Players must be recorded on the Volleyball Score Sheet and the Volleyball Lineup Game Roster. Guest Players must wear the uniform of the team that they are playing for and not their rostered team uniform. If uniforms are the same throughout the parish, a Guest Player may not wear the same number as any other player on the team they are assisting.
2-2-2, 2-3j (NEW), 2-4-1e(NEW), 2-4 PENALTIES 3 (NEW), 9-8-1i: When the ball strikes the cables and/or the diagonal poles used to retract ceiling suspended net systems the referee will stop play and determine if the ball was playable. The referee will signal out-of-bounds or replay.

**Rationale:** Establishes the cables and diagonal poles used to retract suspended net systems as restricted play and aligns officials' treatment of a ball striking either the cables and/or the diagonal poles

4-2-1, 4-2-1a (NEW), 4-2-1e (NEW), 4-2-2(NEW): Eliminates the solid-colored uniform requirements, establishes that the libero uniform must clearly contrast with his/her teammates' uniforms and reorganizes the legal uniform rule.

**Rationale:** Clarifies the requirements for all legal uniforms and simplifies the requirements for the contrasting libero uniform maintaining the compliance of all currently compliant team and libero uniform jerseys.

4-2-4b: Eliminates the use of double zero (00) as a uniform number option.

**Rationale:** Eliminates confusion surrounding the signaling of “00” and “0”.

4-2-4c: Beginning with the 2023 season the body of the uniform number must clearly contrast with the uniform top regardless of borders. This will eliminate the allowance of borders to provide contrast between the number and the uniform number.

**Rationale:** Allows officials and scorers to easily identify uniform numbers.

5-5-1b, 5-6-1b, 7-1-1a, 7-1 PENALTIES 1, 7-1-2, 7-1-4: Requires the second referee to collect team rosters at the prematch conference while allowing changes to be made until 10 minutes remain on the pregame clock and establishes lineups to be submitted to the second referee before each set.

**Rationale:** Eliminates warmup interruptions by officials requesting rosters with 10 minutes remaining on the warmup clock, allowing for a smoother warmup process for coaches, players, officials and scorers.

5-9-2 NOTE: Establishes that the line judge shall take their position and move in line with the extension of the end line when the ball is being served near the line judge’s position replacing the old technique to move directly back in line with the sideline.

**Rationale:** Allows the line judge to watch for foot contact with the end line and move quickly back for a view of the sideline. This is a more appropriate position and transition for line judges.

8-2-5g (NEW), 8-2-6d: Establishes that the ball remains dead when tossed for serve and it touches any part of the backboard or supports hanging in a vertical position over the serving area and is an illegal serve (Signal 14) and not a service fault.

**Rationale:** Accurately reflects the action since the ball is not contacted for serve.
FAQ’S ABOUT SANCTIONED EVENTS

Sanctioned Events are scrimmages, tournaments, competitions, or carnivals hosted by CYO partners to provide additional opportunities for competition and to raise funds for their programs. Refer to information on the CYO website: “Sanctioned Events” tab.

1. When can I register for a sanctioned event?
   Whenever the event is listed on the CYO website.

2. May I write a personal check for a Sanctioned Event entry?
   No - entry fees must be paid with an official check from the partner’s account.

3. The Sanctioned Event Director asked me to provide an official CYO roster. Can I use an excel spreadsheet that lists all the athletes from my team?
   No - only the official CYO Sports Pilot Team Eligibility Roster that your Athletic Director registered with CYO can be submitted. Your Athletic Director should provide each coach with a copy of their roster at the beginning of the season.

4. My parish has three 6th grade teams. Can we combine players from each team to enter a Sanctioned Event?
   No - athletes may only play and be rostered on one CYO team.

5. Can my team enter a community-sponsored event if we use our nickname rather than the parish name?
   No - teams are eligible to participate in CYO sanctioned events only. Bylaw 4-3-1F

6. How do I find out the maximum number of sanctioned tournaments my team can play?

7. Do preseason Sanctioned Scrimmages count towards my team’s total number of allowed Sanctioned Events? No – Sanctioned scrimmages do NOT count towards the limit. Please refer to Bylaw 4-4-3D&E for clarification.

8. Most of our sanctioned event games were postponed due to bad weather. Can a sanctioned event be extended after the CYO season closes?
   No, events need to be concluded by the published CYO end of the season date for that sport.

9. If an athlete or coach is ejected from a sanctioned event, do they sit out the next scheduled CYO game or the next sanctioned event game?
   The athlete(s) or coach must sit out the next scheduled game whether it is a sanctioned event game or a CYO game.

10. The event director informed me my team’s game starts at 8:15 pm. I thought we couldn’t play after 8 pm. What should I do?
    Contact the Event Director and your Athletic Director immediately. Inform the CYO Athletic Administration immediately. Please refer to Bylaw 4-4-1 and sports specific rules for clarification/exception.

11. How many Guest Players may I use during Sanctioned Event Tournaments?
    ZERO! The Guest Player Ruler cannot be used in sanctioned events. Bylaw 5-3-2C7

12. Is it okay to register my team for a tournament under my assistant coach’s name, since I will be out of town for most of the games? No, to register for a tournament, the official CYO Sports Pilot roster needs to be provided, which lists the head coach’s name. However, an assistant coach can certainly be in charge at the games.
Team Formation & Strength

For teams in Grades 3, 4 and 5 the team strength rating is not utilized.

For teams in Grades 6, 7 and 8 the team strength is utilized.

Member sponsors only 1 team in the:
- 3rd, 4th, or 5th grade division; Strength is not a factor.
- 6th grade division; Identify team strength as either; A – Stronger Team, B – Average Team.
- 7th or 8th grade division; Identify team strength as either; A – Stronger Team, B – Average Team, C – Weaker Team.

Member sponsors multiple teams in the:
- 3rd, 4th, or 5th grade division; teams must be split evenly.
- 6th grade division; If create teams based upon ability; Stronger Team MUST be identified as A - Stronger Team, Remaining Teams can be identified as B - Average or C - Weaker Team.
- 7th or 8th grade division; If create teams based upon ability; Stronger Team MUST be identified as A - Stronger Team, Remaining Teams can be identified as B - Average C - Weaker Team.
- If create teams that are split evenly, contact your CYO athletic director for assistance.

Team Conferencing

3rd, 4th & 5th Grade Conferencing:
- Teams are placed in conferences based upon member location.

6th Grade Conferencing:
- Single team members are placed together in conferences by strength and location.
- Multiple team members are placed together in conferences by strength and location.
- May place all teams in conferences together by strength and then location.

7th & 8th Grade & High School Conferencing:
- A member’s only team OR A-Team is to be registered in their assigned division.
- The member’s second team or B-Team may be registered in a lower division(s).
- Once all teams are registered, the number of teams in division 1 & 2 will be balanced by Recalculating the average enrollment break point.
- Teams are placed in conferences by strength and location with-in the division.
- If there is a low number of teams in a division, teams may be placed in conferences based upon location ahead of strength.
CYO Volleyball Rotation Form Instructions

Each site should have two scorekeepers; one to fill out the CYO Volleyball score sheet and the other should work the clock and be responsible for this form, as the official rotation tracker.

How to Use the Form

1. Fill out site, date, time, team and division of play
2. Write down the numbers of the players for each team on the CYO rotation tracking sheet under their team name, from the CYO Volleyball Line up sheet.
3. Once a player enters the game the official rotation tracker will mark a line through E next to their number. (meaning a player has entered the game)
4. If that player rotates spots (i.e. from position 4 to 5) the official rotation marks a line through 1.(meaning there was a position change/rotation)
5. If a player is substituted out, mark an X through the entire column and when the players is substituted into the game again mark a line through E and the rotation tracking starts again.
6. Once a player has completed their rotations mark it with a check under the checked column.
7. Once a player has successfully completed their number of player rotations, the official rotation tracker does not have to track that person any more.

A player rotation is defined as a player moving clockwise one position on the court (i.e. three rotations is actually four player positions and two rotations is three player positions) and the rotations must be CONSECUTIVE.

CYO Athletics — The athlete, not the athletic activity, is the primary focus of CYO Athletics.
CYO GRATITUDE

Go around the room and have each coach complete the following sentence:

One thing that I am grateful for receiving this evening is…

Thank you for your comments and support. We wish you nothing but the best as the season begins.

Commitment Prayer

Leader: In the name of the Father and of the Son and of the Holy Spirit.
All: Amen

Leader: Thank you God for being with us today, and for entrusting your children to our care through CYO Sports. As we prepare to return to our parishes and communities, give us the strength to share your love and caring through our actions as CYO Coaches. We give our time, talent and treasures to you that we may better serve our CYO teams and families. I ask that you respond, “I will!” to each of the following commitments you are making today.

Leader: Will you be a Christian role model who helps athletes discover their value and responsibility to the team, church and community? Response: I will!

Leader: Will you coach every child on your team to improve their skills through practices, competitions and games? Response: I will!

Leader: Will you teach and encourage good sportsmanship by demonstrating positive support, patience, courteousness and respect for all athletes, officials, fellow coaches, volunteers and administrators? Response: I will!

Leader: Will you read and follow the letter and spirit of the sport rules, policies, and Diocese of Cleveland CYO Charter and Bylaws? Response: I will!

Leader: Will you remain aware that your conduct has an influence on the love a child may develop toward sports, and therefore make an effort to have the children on your team have fun while also learning about athletics, themselves, their teammates and our Catholic Christian Community? Response: I will!

Leader: Will you remain mindful that your conduct has an impact on the conduct of the players and fans at a competition and make a commitment not to yell at officials, players, opposing coaches or fans and always demonstrate an attitude symbolic of the CYO Mission and Values? Response: I will!

Leader: Will you make an effort to grow as a Christian by going to mass and celebrating the sacraments to be strengthened to love and serve God and the young people entrusted to your care? Response: I will!

Leader: Almighty God, the Father of our Lord Jesus Christ, who has given us new birth by water and the Holy Spirit, hear the commitments made by your servants here today. We know you have given us spiritual capabilities, and with your light and direction we can fulfill these commitments and build the community of God. We ask this in the name of the Father, and of the Son, and of the Holy Spirit.
Response: Amen
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Some exclusions apply. See store.com/Exclusions for details.