# Table of Contents

**SECTION 1  GENERAL RULES**
- A. OFFICIAL TEAM  PAGE 3
- B. OFFICIALS  PAGE 3
- C. INCLEMENT WEATHER  PAGE 3
- D. EQUIPMENT AND UNIFORMS  PAGES 3-5
- E. PRACTICE AND COACHING GUIDELINE  PAGE 5
- F. PRE-CONTEST COACHES RESPONSIBILITIES  PAGE 5
- G. PARTICIPATION  PAGES 5-7
- H. GAME AND TIME LIMITATIONS  PAGE 7

**SECTION 2  GUEST PLAYER RULE**  PAGE 7

**SECTION 3  GENERAL CLOCK RULES**  PAGE 7-8

**SECTION 4  6th-8th GRADE COMPETITION RULES**  PAGE 8-9

**SECTION 5  3rd-5th GRADE COMPETITION RULES**  PAGE 9-11

**SECTION 6  CAUTION AND DISQUALIFICATION**  PAGE 11

---

CYO inspires young people to know God, to love God, and to serve God through athletics.
The National Federation of State High School Associations (NFHS) Basketball Rules apply in this league with the exceptions contained within. CYO game rules may not be altered by mutual consent of the coaches. Only the CYO Athletic Staff may authorize changes.

SECTION 1 – GENERAL RULES

A. Official Team
1. Defined as an individual or group of children from one or more Members listed on the team roster that meet the eligibility rules and are approved by the Member Athletic Director, Member Administrator, and CYO Administration.
2. A CYO Team refusing to continue playing a scheduled game for any reason without the consent of the game official or CYO representative may be subject to penalties as outlined in Bylaw 11. This also applies to CYO Sanctioned Events.
3. CYO encourages teams with more than 14 players to form two teams.
4. A partial roster or combined roster cannot be entered into any tournament or sanctioned event.
5. A roster or team cannot be split to form two (2) teams at any time.
6. In all divisions, five (5) players must start the game. Once a game begins, a team will forfeit the game when the team is reduced to one (1) eligible player.

B. Officials
1. Officials that are certified and registered with the Diocese of Cleveland CYO are assigned to each game.
2. Officials have the power to warn or disqualify from the competition anyone who commits acts, which intend to influence their decisions.
3. Officials have the authority to call or suspend a game if conditions warrant.
4. Two (2) officials will be assigned to each regular season game. Three (3) officials may be assigned for sanctioned events and playoff tournaments.
5. The head coach and the team captain are the only persons that should speak to the officials during or after the game.

C. Inclement Weather
1. Inclement weather may deter games from being played as scheduled. The safety of our players, coaches and their families are our primary concern when games are canceled due to inclement weather.
2. Announcements related to the status of competitions will be posted on the main page of the schedule website, telephone announcement lines, Twitter, Instagram (@CYOSportsDOC) and media as needed.
3. Contests that are suspended because of inclement weather and unable to resume within a reasonable time at the same site, will be canceled and not rescheduled unless deemed necessary by the CYO Administration.

D. Equipment & Uniforms
1. Equipment
   a. The court dimensions shall be no greater than 94 feet in length by 50 feet wide.
   b. Backboard, basket size and all other court rules will follow the NFHS requirements.
2. Game Ball
   a. 5-8 Grade Game Ball - 28.5 composite or leather ball.
   b. 3-4 Grade Game Ball - 27.5 composite or leather ball.
3. Uniforms and Apparel
   a. All players are required to wear member issued uniforms.
   b. Players must wear matching uniforms including shirts and shorts.
   c. Team jerseys
      i. Must include the player’s number, which will be at least 6 inches on the back and at least 4 inches on the front. Numbers on the jersey are MANDATORY.
      ii. All uniforms are to meet National Federation Rules related to numbering. Permitted uniform numbers are; 0, 1, 2, 3, 4, 5, 10, 11, 12, 13, 14, 15, 20, 21, 22, 23, 24, 25, 30, 31, 32, 33, 34, 35, 40, 41, 42, 43, 44, 45, 50, 51, 52, 53, 54, 55, 00. A team may not have both the number 0 and 00.
      iii. The NFHS requirement of the home team wearing a white jersey does not apply to CYO competitions.
iv. All players must have the CYO Emblem on their uniform either sewn or stenciled.
v. When two teams have the same color of uniform, a coin flip by the officials determine which team wears the pinnies. The home team, as listed on the schedule, will call the flip.
vi. A player’s team jersey designed to be worn inside the shorts shall be tucked inside the shorts.

4. Undergarments
   a. If undergarments such as T-shirts or compression shorts are worn under the uniform, they must be the same color for all players wearing an undergarment.
   b. Undershirts shall be hemmed with no frayed or ragged edges.
   c. Arm sleeves, knee sleeves, lower leg sleeves and tights are permissible and must comply with NFHS guidelines. Each item shall be white, black, beige, or a single school color.
      i. Anything worn on the arm and/or leg is a sleeve, except a knee brace, and must meet the color restrictions. A brace is defined as anything that contains hinges and/or straps or an opening over the kneecap.
      ii. The sleeves/tights shall be black, white, beige or the predominant color of the uniform and the same color sleeves/tights shall be worn by all teammates.
      iii. One visible manufacturer’s logo/trademark/reference or parish/school logo is permitted on wristbands, headbands, compression shorts and/or arm and leg compression sleeves. The size of the logo shall be limited to 2-1/4 square inches and shall not exceed 2-1/4 inches in any dimension on any item.

5. Shorts are to be worn above the hip.
6. Shoes
   a. Players are not allowed on the playing floor unless he/she is wearing appropriate non-marking sole shoes.
   b. Players must carry their game shoes to the game sites.
7. Guards, casts, braces, and compression sleeves can be worn for medical reasons but must comply with NFHS guidelines. Mouthpieces are recommended.
8. Headwear and wristbands can be worn. Headbands cannot exceed 3 inches in width. **Headbands may not have extensions.** If worn, only one wristband can be worn on each wrist and cannot exceed 4 inches in width. Each item shall be white, black, beige, or a single solid school color for all participants.
9. Chains, earrings, other jewelry, glitter, face paint, or other inappropriate items may not be worn during the game. **Earrings may not be covered with tape, band-aids or pre-wrap.**
10. Rubber, cloth or elastic bands may be used to control hair. Hard items, including, but not limited to, beads, barrettes and bobbi pins are prohibited. Hair-Control devices are not required to meet color restrictions.
11. An American flag and or a commemorative/memorial patch not to exceed 2 by 3 inches and with the approval of the CYO Administration may be worn on each of the uniform apparel provided neither the flag nor patch interferes with the visibility of the player’s number.
   a. If a player wearing an illegal uniform or equipment attempts to enter the game or is discovered in the game, the head coach will be assessed a technical foul and the player shall be removed from or not permitted to enter the game until the illegal equipment is removed or made legal.
12. Electronic Devices
   a. Walkie-talkies, cell phones, or any other electronic communication systems are not permitted within the competition area.
   b. Teams are permitted to only videotape their own games.
      i. **Videotaping is only permitted from areas approved by the facility but is never permitted from within the competition area, team bench area or other unapproved areas.**
      ii. Coaches, fans, etc. are not permitted to videotape an opponent’s game or practice.

E. Practice And Coaching Guideline
1. Practice or any organized team conditioning cannot start prior to the CYO published first day of practice.
2. Practice sessions shall be limited to one (1) session per day not to exceed two (2) hours in duration.
3. Scrimmages - No score or time limits will be kept. Use of officials is the decision and expense of the teams involved.
4. Practice sessions must be completed by 9:00 PM.

F. Pre-Contest Coaches Responsibilities

1. Coaches must be CYO certified.
2. CYO Credentials are to be worn round the neck and visible at all times.
   a. Credentials cannot be given to another coach at any time.
   b. Coaches who have given their credentials to another coach, even for one game, will have their coaching privileges revoked for one year.
3. Coaches are responsible for the supervision of their team and spectators before, during and after the game.
4. At each game and practice, coaches are to have in their possession: an official team roster, a copy of each athlete’s Pre-participation Form and Emergency Medical Authorization Form and a first aid kit.
5. A pre-game conference will be held between the officials, coaches, and captains.
6. Bench Personnel is limited to the players listed on the eligibility roster and no more than three (3) non-players. Non-players 16 years of age or older must be CYO certified. Non-players under the age of 9 are not allowed in the team bench area.

G. Participation

1. Each player must be treated with dignity regardless of his or her ability.
2. With approval from the Member Administrator and Member Athletic Director each member may permit a player in grades 3-8 to participate in other non-CYO leagues like recreation and community leagues.
3. A player in grades 7-8 may not participate on rosters governed by the OHSAA. For example, they may not play on their public school team as well as on a CYO team. This is for purposes of eligibility.
4. If a coach will not play a player because of missed practice, unsportsmanlike conduct, academics or injury, the coach must mark the player as not participating on the official game score sheet and inform the Site Director before the game begins.
5. Participation is now modifiable due to accumulation of personal fouls in the first half only. Example: When player #4 receives their third personal foul in their first segment of the game, the coach may now enter a substitute for #4. However, the player who substitutes in does not receive credit for their participation segment. They must still play the mandatory minimum participation segments as stated in the rules. Players may also be removed from the game during their segment, at the discretion of the game official, due to an injury or technical foul.
6. All players are to meet the participation requirements.
7. 6-8 Grade Participation
   a. For a team with 10 or fewer players at the game, each player on the team must play a minimum of two segments by the end of the third quarter. A segment is defined as ⅛ of the length of the quarter (4 minutes).
   b. For a team with 11 or more players at the game, each player on the team must play a minimum of one segment by the end of the third quarter. A segment is defined as ⅐ of the length of the quarter (4 minutes).
   c. 6th Grade: each player must sit out at least 1 segment if a team has 6 or more players.
   d. A Player may only be substituted within/during their segment of play:
      i. If player is injured.
      ii. If player was assessed a technical foul or intentional foul.
      iii. If player is being disqualified from the game.
      iv. If player received 3 or more fouls during the first half only. In the second half, they must finish the segment unless the team has free substitution.
      v. The player removed from the game will be credited with the full participation of the segment.
      vi. The player going into the game will not be marked on the score sheet and will not receive credit for playing in that segment.
   e. During the second half of the game, once ALL of the players on a specific team have fulfilled the minimum participation requirement, the team will be permitted to make free substitutions for the remainder of the game and all extra periods. At no time is free substitution permitted in the first half.
8. 5 Grade Participation
   a. For a team with 10 or fewer players at the game, each player on the team must play a minimum of three segments by the end of the 3rd quarter. A segment is defined as ⅔ of the length of the quarter (3.5 minutes). Each player must play at least one segment in each half.
   b. For a team with 11 or more players at the game, each player on the team must play a minimum of two segments by the middle of the 4th quarter. A segment is defined as ⅔ of the length of the quarter (3.5 minutes). Each player must play at least one segment in each half.
   c. Players may only be substituted within/during their segment of play:
      i. If player is injured.
      ii. If player is being assessed with a technical foul or intentional foul.
      iii. If player is being disqualified from the game.
      iv. If player received 3 or more fouls during the first half. In the second half, they must finish the segment unless the team has free substitution.
      v. The player removed from the game will be credited with full participation of the segment.
      vi. The player going into the game will not be marked on the score sheet and will not receive credit for playing in that segment.
   d. 5th Grade: Each player must sit out at least one segment in each half if a team has seven or more players.
   e. During the second half of the game, once ALL players on a specific team have fulfilled the minimum participation requirement, that team will be permitted to make free substitutions for the remainder of the game and all extra periods. At no time is free substitution permitted in the first half.

9. 3-4 Grade Participation
   a. For a team with 10 or fewer players at the game, each member of the team must play a minimum of four segments by the end of the 4th quarter. A segment is defined as ⅔ of the length of the quarter (3 minutes). Each player must play at least one segment in each half.
   b. For a team with 11 or more players at the game, each member of the team must play a minimum of three segments by the end of the 4th quarter. A segment is defined as ⅔ of the length of the quarter (3 minutes). Each player must play at least one segment in each half.
   c. Players may only be substituted with-in/during their segment of play:
      i. Because the player is injured.
      ii. Because the player is being assessed with a technical foul or intentional foul.
      iii. Because the player is being disqualified from the game.
      iv. If player received 3 or more fouls during the first half. In the second half, they must finish the segment unless the team has free substitution.
      v. The player removed from the game will be credited with full participation of the segment.
      vi. The player going into the game will not be marked on the score sheet and will not receive credit for playing in that segment.
   d. Each player must sit out at least one segment in each half if a team has seven or more players.
   e. During the second half of the game, once ALL players on a specific team have fulfilled the minimum participation requirement, that team will be permitted to make free substitutions for the remainder of the game and all extra periods. At no time is free substitution permitted in the first half.

10. Upon violation of the Participation Rule, the scorer will notify the Game Officials and Site Director and the following penalty will be assessed:
    a. For violations discovered after the third quarter, the officials will administer a technical foul.
    b. For violations discovered after the game, the Site Director will contact the CYO Athletic Office with the details and documentation of the violation. The CYO Administration will assess the penalties toward the coach or team. If after a review a violation is confirmed, a forfeiture of the game will be assessed.
    c. All violations of the participation rules are to be communicated to the Athletic Office by the Site Director and game officials by the morning following theinfraction.
    d. Additional penalties may be imposed.

11. Late Arriving Players
a. If a player arrives late to a game during the first half and is permitted to play by the coach, the player is to meet the full participation requirement of the game.

b. If a player arrives late to a game during the second half and is permitted to play by the coach, the player is to meet one half of the participation requirement for the total game.

H. Game & Time Limitation

1. No team or player is permitted to participate in more than the following number of sanctioned event tournaments, carnivals and competitions in a season.
   a. 8th, 7th and 6th Grade – Four (4)
   b. 5th, 4th & 3rd Grade – Three (3)

2. On Monday through Friday, no team or player may play in more than one (1) game per day.

3. On Saturday, Sunday and during the week between Christmas and New Year, a team/player is permitted to play a maximum of two (2) games per day. There must be a minimum of three (3) hours between the scheduled start time of the first game and the scheduled start time of the second game.

4. No team or player may play more than four (4) games per week.

5. Events on Sunday cannot begin until 1:00 PM.

6. Events cannot start after 8:00 PM, except during Christmas vacation when events cannot start after 9:00 PM.

SECTION 2 – GUEST PLAYER RULES

If a team has fewer than 7 athletes at a game, a guest player may be moved from the member’s other CYO basketball teams to fill the positions at the start of a game under the following restrictions:

1. The athlete meets the age/grade restrictions of the team he/she will assist.

2. The guest player is reported by means of the button on the Coaches Information page of www.ccdocle.org/cyo before the game in which he/she will be used. It is recommended that this be done by the Member Athletic Director and according to Bylaw 5-3-2-C-6 are reported on the day of the game.

3. The same individual may be invited as a guest player for no more than two (2) games during the season with any team. Once an individual is a guest player twice, they may not be invited by any other team for the remainder of the season by any other team for the remainder of the season.

4. The athlete complies with Game and Time limits as outlined in Section 1-H.

5. The guest player(s) must meet the minimum participation requirements outlined in the division specific sections.

6. Guest player movements are to be reported on the basketball scoresheet before the competition begins. The guest player’s name should be listed after all of the regular team athletes and put “GP” next to their name.

7. Guest player playing restrictions - If the guest player is the sixth and/or seventh player on the roster, they cannot start the first segment of the first quarter of the game. Coaches are encouraged not to play guest players play more segments than players on the original roster.

8. Uniform Requirements

   a. Guest players must wear the uniform of the team that they are playing on, not their rostered team uniform.

   b. There are to be NO duplicated uniform numbers (teams should have at least one extra jersey to be borrowed by the guest player for that game).

9. Guest players cannot be used for sanctioned events or CYO championship competitions.

SECTION 3 – GENERAL CLOCK RULES

A. Timing Regulations

1. Length of quarters

   a. 3rd/4th grade — six minutes
   b. 5th/6th grade — seven minutes
   c. 7th/8th grade — eight minutes

2. Overtime shall be two minutes for 4th-8th Grade
During regular season games, if the score is tied at the end of regulation, there will be no extra periods for the 3rd Grade Divisions. However, a 2 minute overtime may be used in a sanctioned event to determine a winner.

3. Time between quarters shall be one minute
4. Halftime shall be five minutes

B. Time Outs for All Divisions
   1. Three 60-second and two 30-second timeouts may be charged to each team during a regulation game.
   2. Each team is entitled to one additional 60-second time-out during each extra period. Unused time-outs carry over into the second half or extra period.

C. Clock Stoppages for All Divisions
   1. The clock will stop for timeouts, shooting fouls, injuries and other times as indicated by the officials.
   2. The clock will stop for every whistle during the last minute of the first, second and third quarters, and the last two minutes of the fourth quarter and all extra periods.
   3. The clock will stop for substitutions at the end of each segment, but does not stop for substitutions outside of the segment requirements.
   4. The clock will not stop for whistles or free throws during the fourth quarter when a team has a fifteen (15)-point lead. When the fifteen (15)-point rule is in effect, the clock will only stop for team timeouts and instances when specifically directed by the game officials. Once the lead falls below fifteen (15)-points, the clock will stop according to the criteria above.

SECTION 4 – 6th-8th GRADE COMPETITION RULES

A. REFER TO PARTICIPATION IN SECTION 1-G

B. Free Throws & Three Point Shots
   1. Teams will use the 15-foot free throw line.
   2. The number of players permitted on the free throw lane will be limited to six plus the shooter. Four are to be from the defensive team and two plus the shooter from the offensive team.
   3. The spot on both sides of the lane, closest to the shooter will be vacant.
   4. Players in marked lane spaces may move for the rebound once the ball has been released. The shooter and players not in marked lane spaces shall not enter the lane until the ball touches the rim or backboard.
   5. The three-point shot is in effect. Three points will be awarded for a shot taken behind the team’s own 19-foot, 9-inch arc as court markings permit.

C. Full Court Pressure
   1. 8th Grade, 7th Grade and 6th Grade: A full-court press may be applied at any time except when the team has a fifteen (15)-point lead.
   2. When a team has a fifteen (15)-point lead,
      a. The defense must set-up below the half-court division line extended the width of the court.
      b. Allow the offense to progress the ball beyond the half-court division line and the dribbler must establish frontcourt status before pressure on the ball is permissible. Frontcourt status is defined as that point when both feet of the player and the ball make contact in the frontcourt.
      c. The defense cannot position any players along the half-court division line to impede or challenge the offense from crossing over the division line.
      d. Once the offense initially crosses the ball below the mid-court division line, the defense is not restricted from playing player-to-player defense or zone defense for the remainder of the possession. Half court pressure and trapping are strictly prohibited.
      e. The fifteen (15)-point rule cannot be waived for regular season, playoffs, championship games or sanctioned events.
      f. Once the participation requirements have been fulfilled, the clock will not stop for whistles or free throws during the fourth quarter when a team has a fifteen (15)-point lead. When this rule is in effect, the clock will only stop for team timeouts and instances when specifically directed by the game officials. Once the
lead falls below fifteen (15)-points, the clock will stop according to rules of the specific grade level. Refer to rules 10-C-2 through 10-C-4.

3. Penalty for Violation of the of the Full Court Press Rules
   a. First Offense - Warning
   b. Second Offense - Unsportsmanlike conduct penalty on the head coach.
   c. Third Offense - Unsportsmanlike conduct penalty on the head coach and ejection of the head coach
   d. Fourth Offense - Forfeit Loss.

SECTION 5 – 5th, 4th, and 3rd GRADE COMPETITION RULES
A. REFER TO PARTICIPATION IN GENERAL RULES

B. Free Throws and 3 Point Shot
   1. 5th, 4th and 3rd Grade Teams will use the 12-foot free throw line.
   2. For all 3rd Grade Divisions, the free throw shooter may cross the free throw line with no penalty after the release. However, they may not advance toward the ball for purposes of rebounding.
   3. The number of players permitted on the free throw lane will be limited to six plus the shooter. Four are to be from the defensive team and two plus the shooter from the offensive team. The lowest lane space should be below the block.
   4. Players in marked lane spaces may move for the rebound once the ball has been released. The shooter and players not in marked lane spaces shall not enter the lane until the ball touches the rim or backboard.
   5. The three-point shot is in effect for grade 5; the 3 point shot in grades 3-4 are NOT in effect. Three points will be awarded for a shot taken behind the team’s own 19-foot, 9-inch arc as court markings permit.

C. 5th Grade Full Court Pressure
   1. A full-court press is only permitted in the last 3.5 minutes of the fourth quarter and overtime on any dead ball inbounds pass in the backcourt. If the team is trailing by 15 points, they may use a full court press at any time.
      a. Since teams must play a player-to-player defense, when applying full-court pressure, teams must press player to player.
   2. A team with a fifteen (15)-point lead is not permitted to apply a full court press at any time during the game and must comply with the following requirements:
      a. At times when a full court press is not permitted, the defense must set-up below the half-court division line extended the width of the court. Allow the offense to progress the ball beyond the half-court division line and the dribbler must establish frontcourt status before pressure on the ball is permissible. Once the offense initially crosses the ball below the half-court division line, the defense is not restricted for the remainder of the possession. Half-court pressure and trapping is strictly prohibited.
      b. Frontcourt status is defined as that point when both feet and the ball of the player with the ball have made contact with the floor in the frontcourt.
      c. Interpretation: This means that the defense cannot position any players along the half-court division line to impede the offense from crossing over the division line.
      d. Teams may press during any live ball situation in the backcourt other than an inbounds pass during the entire game. A live ball situation is anytime other than an inbounds pass from and into the backcourt (i.e. rebounds, turnovers, other).
   3. Once the participation requirements are fulfilled, the clock will not stop for whistles or free throws during the fourth quarter when a team has a fifteen (15)-point lead. When this rule is in effect, the clock will only stop for team timeouts and instances when specifically directed by the game officials. Once the lead falls below fifteen (15) points, the clock will stop according to rules in Section 3-C.

4. Penalty for Violation of the of the Full Court Press Rules
   a. First Offense - Warning
   b. Second Offense - Unsportsmanlike conduct penalty on the head coach.
   c. Third Offense - Unsportsmanlike conduct penalty on the head coach and ejection of the head coach
   d. Fourth Offense - Forfeit Loss.

D. Additional 5th Grade Division Rules
1. All teams in the 5th Grade Division must play player-to-player defense.

2. Defense
   a. Trapping, double or triple teaming of a player out of the paint is prohibited.
   b. Help side defense is permitted.
   c. If an offensive player beats his/her defender, a teammate may move into position to help until the original defender recovers.
   d. Once the defender recovers, the help player must drop back to his/her player.
   e. Teams are not permitted to play any type of zone defenses.
   f. Switching, helping out or picking up a loose player on a breakaway, when there is a clear threat to score is good player-to-player defense and is allowed. Players must be within a reasonable distance of their player at all times.

3. Offense
   a. The team offense should be designed to develop passing, cutting, give and go, pick and roll and movement away from the ball.
   b. The offense should afford each player the opportunity to experience as many positions on the court as possible.
   c. Isolation plays are illegal. These are plays designed when an offensive player challenges a defensive player and no other offensive players are involved in the play.

4. Penalty for Violation of the Player-to-Player Defense
   a. First Offense - Warning
   b. Second Offenses - Technical foul for unsportsmanlike conduct on the head coach.
   c. Third Offense - Unsportsmanlike conduct penalty on the head coach and ejection of the head coach
   d. Fourth Offense - Forfeit Loss.

E. 4th and 3rd Grade Full Court Pressure
1. 3rd Grade Division Teams cannot press at any time throughout the game.
2. 4th Grade may press in the last 3.0 minutes of the 4th quarter and overtimes.
   a. Since teams must play a player-to-player defense, when applying full-court pressure, teams must press player to player.
3. Normal defense must be positioned below the 3-point arc, extended the width of the court, before pressure on the ball is permitted.
4. Once the offense initially crosses the ball below the 3 point arc extended, the defense is not restricted for the remainder of the possession.
5. Offensive players cannot use the area between mid-court and three point line extended as a haven to stall. Officials will count to 5 and if no attempt by the player with the ball to start the play by advancing the ball, the official will instruct the defense to “Play ball.”
6. When there is a 15 point lead, the winning team is prohibited from playing defense above the three point arc extended even if the ball is advanced below.

F. Additional 4th & 3rd Grade Division Rules
1. Defense
   a. Trapping, double or triple teaming of a player out of the paint is prohibited.
   b. Help side defense is permitted.
   c. If an offensive player beats his/her defender, a teammate may move into position to help until the original defender recovers.
   d. Once the defender recovers, the help player must drop back to his/her player.
   e. Teams are not permitted to play any type of zone defenses.
   f. Switching, helping out or picking up a loose player on a breakaway, when there is a clear threat to score is good player-to-player defense and is allowed. Players must be within a reasonable distance of their player at all times.

2. Offense
a. The team offense should be designed to develop passing, cutting, give and go, pick and roll, movement away from the ball, and other fundamental principles of player to player offense.

b. The offense should afford each player the opportunity to experience as many positions on the court as possible.

c. Isolation plays are illegal. These are plays designed when an offensive player challenges a defensive player and no other offensive players are involved in the play. Isolation plays diminish the opportunity for improvement for all players and contradicts the spirit of the rules. This prevents defenders from sagging or crowding an area of the court to gain an advantage.

3. Penalty for Violation of the Player-to-Player Defense
   a. First Offense – Warning
   b. Second Offenses - Technical foul for unsportsmanlike conduct on the head coach.
   c. Third Offense - Unsportsmanlike conduct penalty on the head coach and ejection of the head coach
   d. Fourth Offense - Forfeit Loss.

SECTION 6 – CAUTION AND DISQUALIFICATION

A. Teams are expected to conduct themselves in a manner that the game officials and CYO administration believe shows respect and dignity towards its opponent.

B. If a coach receives one technical foul, the coach must remain seated for the remainder of the game.

C. A player or coach ejected from the game must fulfill the requirements of Bylaw 10 prior to returning to practice or participation in any games.

D. A player ejected from a competition for any reason must remain with the team and be supervised by a member of the team’s coaching staff at the competition site. Any player, coach or other person who receives two (2) ejections during the course of the season will be suspended for the remainder of the season and may be subject to additional disciplinary action.

E. Coaches are responsible to supervise their spectators at competitions.

F. A spectator ejected from the game must fulfill the requirements of Bylaw 10 prior to returning to practice or participation in any games.

(October 2019)
TAKE $10 OFF YOUR PURCHASE OF $50 OR MORE

TO LEARN MORE ABOUT HOW DICK’S SUPPORTS SPORTS LEAGUES, VISIT DICKS.COM/TSHQ

Limit one coupon per customer. Must be used in one transaction. Minimum purchase of $50, excludes tax and shipping charges. Cannot be combined with any other offers, team discounts, or used for gift cards, licenses or previously purchased merchandise. Not redeemable for cash, gift cards or store credit. No reproductions or rain checks accepted. Return or exchanges where a ScoreCard Reward or other discount was applied may result in an adjusted refund amount. Excludes DICK’S Team Sports HQ Uniform and FanWear purchases and clearance items. Clearance items have 33 or 50 endings. Some exclusions apply. See store and DICKS.com/Exclusions for details. Valid 2/1/19 through 1/31/20.