The Problem with Negative Coaching

In our last coach note we looked at the need for positive coaching. This time around, we're taking a look at the problem with a negative approach. Many coaches believe that instilling fear through punishment, negative feedback or benching young athletes is a powerful motivational tool. The problem is that studies show it really only motivates them to tune-out, act-out, or even quit. Further, negative coaching destroys team morale while actively preventing athletes from reaching their potential.

Join Bill Matthews this week as he discusses the ramifications of negative coaching and details why this is no way to maximize the performance of your team or individual athletes. Click the video above to watch and learn!

Have you registered for the 2018 Leadership Conference?

Register now for the 2018 Play Like a Championship National Leadership Conference! Click here to visit the official conference page, where you can learn more and register today. This year's conference is June 22-23, 2018 on the campus of the University of Notre Dame. You don't want to miss out on the premier conference for coaches and administrators of youth and high school sports in North America!

Don't miss out! Register now by clicking here!
Prayers for Coaches

Happy Easter from the Play Like a Champion Today Educational Series! We hope this joyous season brings many blessings for you and your team. We invite you to join us this week by praying a prayer of thanksgiving for the gift of sport, our teams and the children who we have the opportunity to coach.

Heavenly Father,
You make all things good.
By your death and resurrection you offer us redemption and eternal life.
While we await the glory of heaven, we rejoice in the many blessings that you give us and offer thanks for your many gifts.

Today, we thank you for the gift of sport.
Thank you for these great games that we play and coach.
We thank you for gift of the children you have entrusted to our care and for their ability to play.
We thank you for the opportunity to coach these young men and women and pray that we may do it well.
We thank you for the joy of wins an the pain of losses, that each may draw us closer to you and teach us lessons that may lead us toward the promise of heaven.

Father, we ask your blessing upon our fellow coaches, our athletes and their parents.
Grant that through the gift of sport we may glorify you and draw all we encounter closer to you.
In Jesus name we pray, Amen.