Coaching for Moral Development

Dr. Clark Power is the founder and Executive Director of the Play Like a Champion Today Educational Series. A specialist in moral development and education, Power discusses the importance of having moral discussions as part of athletic teams.

The Weekly Game Plan

Develop at least one moral or sportsmanship goal for your team and take the time at practice to discuss how your team will work to achieve this goal. Then follow-up throughout the season on your team’s progress. Consider 1-2 other moral discussions you can have related to your team’s relationships and behavior through the season.

Share your moral discussion topics and outcomes from your team with our staff and then we will share the ideas with our Play Like a Champion community.

Information@playlikeachampion.org

Join our #WeChampionFemaleCoaches Contest & Win

In the spirit of friendly competition, we’re holding a contest to spread the message that #WeChampionFemaleCoaches and encourage others across the country to join the movement. To enter, click here to visit the main contest page. Then follow the options to enter as many times as possible and you can win awesome Play Like a Champion swag!

Want an Under Armour pullover? What about a Yeti or some awesome new workout gear? Enter now and it could be yours!

Visit the official #WeChampionFemaleCoaches website for more information on this important initiative!

A Prayer for Teams

October is designated a “Marian Month.” The Rosary is a prayer dedicated to Mary. Try bringing a Living
Rosary to your sport team. This beautiful prayer service takes some preparation and practice, but many find it makes for a powerful and prayerful tradition. A living rosary is when people are used to represent each bead of the rosary. Each person leads one prayer of the rosary. Gather your athletes (61 spots in all) to embody the Rosary. If you have fewer than 61 people, you may double-up duties.

The Luminous Mysteries of the Rosary
Prayed on Thursdays throughout the year, the “Mysteries of light,” were added by Pope St. John Paul II and focus on the life and ministry of Jesus Christ.

1. The Baptism of Our Lord in the Jordan (Matthew 3:13-16)

   Then Jesus came from Galilee to the Jordan to be baptized by John. But John tried to deter him, saying, “I need to be baptized by you, and do you come to me?” Jesus replied, “Let it be so now; it is proper for us to do this to fulfill all righteousness.” Then John consented. As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him.

   Reflection: Every athlete can have a “heaven opening” experience when you excel... work towards becoming the best version of yourself that God created you to be. Baptism is a cleansing of sin enabling a new birth into a deeper life with Christ. The heavens opened following Jesus’ Baptism. As an athlete, where are you right now in need of “cleansing” or re-imagining your game so that the heavens will open for you and deliver God’s spirit to you?

   Pray the Our Father, 10 Hail Mary’s, the Glory Be and the Fatima Prayer.

To get the complete set of Sports Rosary Reflections, contact the Play Like a Champion Today Educational Series at information@playlikeachampion.org.